

Time in Nature

Elements of Fashion: LCF - a walk from East Bank

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Time in Nature

Route along the River Lea

- Carpenters Road Lock
- Bowed bridge
- Waterbird nests
- Old Ford Lock
- Landscaped Garden
- Boardwalk
- Reflective bridges
- Wild planting





Bowed bridge spanning City Mill River

Breathe

Nature and Architecture
blend the walkers with their
surroundings



Mask Workshop

Elements of Fashion: Walk, look and gather; we will take a route in the Olympic Park along waterways that contrast with buildings where nature creeps in. Using the power of fashion to conceal our bodies, we will craft a mask from the elements and folkloric stories gathered along the waterway.





**Deborah & Han
creating the podcast
at East Bank**

